

The Four Levels of Happiness™

On the Inside



Rev. Robert J. Spitzer, SJ
Presenter

“Happiness is an INSIDE job”

Happiness is the only thing we choose for itself.
Everything else we choose to do is directed at
being happy.

Here are some quotes from recent participants:

- ♦ “It was very interesting and got me to think. Happiness isn’t as simple as I thought.” Danielle K.— 6th grader
- ♦ “There’s so much more to talk about. Our Youth Group will be discussing the 4 Levels of Happiness for weeks to come.” Edie K.— Adult
- ♦ “I’m getting ready to satisfy Level 1— Happiness!” Adam W. (at lunch) - 9th grader
- ♦ “This program helps me put my faith into action in simple and meaningful ways. It provided me with insights and tools for truly learning how to, ‘love God above all things and my neighbor as myself.’ And *that* makes me happy!” Marge L.— Adult (Level 4 happiness)
- ♦ “It’s really made me think about what I *allow* to make me happy.” Jeff W.— Adult

The Four Levels of Happiness™ reveals the menu for all our choices. The simplicity of the model and its language is enlightening—helping people to make better choices and enjoy better relationships.

Who should attend:

Pastoral Council Members, Finance Council Members, Catechists, Parish Staff Members, Liturgical Ministers, Catholic School Teachers, Senior High and College Students

Pueblo Deanery Presentations:

- ♦ Christ the King, Saturday March 10, 2018, 9:00-2:00 pm.
Email snelson@ctkpueblo.org or call 542-9248 to register
- ♦ St. Joseph, Blende, Thursday, March 22, 2018, 5:30-9:00 pm.
Email josefina_marrufo@yahoo.com or call 544-1886 to register



Deacon Dan Leetch
Facilitator